

Knowing Alex

I first met Alex in person when he and mum Ashley were invited to attend the official opening of the 1st Malaysian Children Hospice (MCH) Kuala Lumpur on 17th June 2023. He was impressionable when he confidently strutted forward to present bouquet of flowers to the ladies gracing the opening of the hospice.

I previously heard of Alex's baking activities to raise fund for Malaysian Children Hospice Festival event held on 4th December 2022. Alex was then 13 years, a young baker born with down syndrome. Like many of the children his age, he has a penchant to dance, run, swim and the jest and love for outings.



Alex was into Project Kindness when he was 4-5 years old. Together with mum Ashley, he would bake and distribute muffins to community heroes in the neighbourhood. They would use part of the proceeds for Project Kindness to give hope, joy and love back to our community. The rest was kept for his savings, special projects and for his therapy.

During MCO, Alex and mum would send food baskets to Intensive Care Unit doctors of designated hospitals. Mum was in the medical industry for a long time. She used to cover Anaesthesiologists and Intensivists of all hospitals in Malaysia.

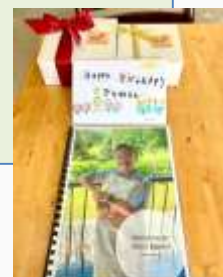


Besides that, they also made some contributions to Kembara Kitchen to send food to front liners. It was around the same period that they did a small scale fund raising for food aid organised by the Kiwanis Club of Kuala Lumpur.

On 1st May 2021 they started the Alex's Bakery to raise building fund for Soka International School of Malaysia, a humanistic education school founded by the mentor Dr Daisaku Ikeda. It was a 2 years project. Along the way they would also did likewise for soup kitchen, Kiwanis Down Syndrome School, and used the money earned to send food and toys to hospital children cancer wards and orphanages.

In 2022, Alex and mum were approached by a palliative care doctor to assist in the Malaysian Children Hospice Festival (MCHF) fund raising bazaar for the Malaysian Association Paediatric Palliative care (MAPPAC). Somehow they couldn't physically join the bazaar but they were determined to raise their own fund via Alex's Bakery.

The icing on the cake came, when he received an order on 2nd June 2024 to bake a cake for the YDP Agong's official birthday. This certainly made mum Ashley proud, not to mention the joy for Al



As reiterated by mum Ashley, Alex's Bakery is a training bakery for him to learn life skills and baking for good causes to fulfill his desire to contribute to society.

With such solid foundation, he has successfully and skillfully packaged himself besides thoroughly enjoying himself in the art of fine baking. Alex's efforts has also been instrumental in encouraging other family friends to start similar project with their children...."No matter how small it is" chipped mum Ashley.

MAPPAC certainly look forward to Alex's continuous effort in doing his bit for the children palliative care.

